

ARE YOU 50 YEARS OR BETTER?

DO YOU LIKE TO PLAY GAMES AND COMPETE?

THIS IS THE PLACE FOR YOU!

Pickleball*
Cornhole*
Billiards
Putt Putt +
Bocce
Croquet
Horseshoes
Golf +
Darts
Table Tennis*
Bowling* +
Cycling



Badminton*
Basketball Shoot
Chair Volleyball
Track and Field
5K/10K Race
Softball Throw
Football Throw
Archery
Swimming
Shuffleboard*
Card Games
Silver Arts Programs

*events you can play as singles or doubles
+ events with an additional cost

This is a GREAT place to meet new friends, with common interest and friendly competition.

Events are divided
into age groups in
5 year increments.

There are opportunities to advance
to the State and National level.

There is something for everyone!

SENIOR JUST MEANS SUPERIOR!

Volunteers Needed!

REGISTRATION WILL TAKE PLACE THE MONTH OF FEBRUARY

Gaston County Senior Center
1303 Dallas-Cherryville Hwy
Dallas, NC 28034
704-922-2161
gilbert.aguirre@gastongov.com



Gastonia Adult Recreation Center
519 W Franklin Blvd
Gastonia, NC 28052
704-866-6842
lauren@cityofgastonia.com

www.gastongov.com/seniorgames