

Volunteer responsibilities

Adhere to agreed time schedules...we're counting on you.

Respect and protect confidential participant information.

Develop your skills by asking questions and trying hard.

Ask for help when you need it...we're here for you.

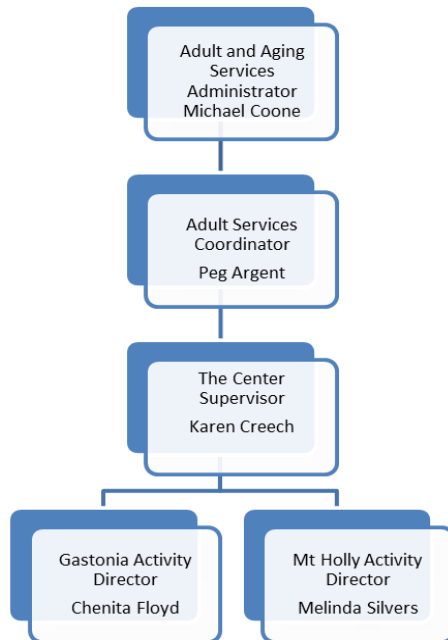
Follow procedures as you have been trained.

Stay home if you are sick...orange juice and chicken soup can help.

Be understanding of differences in abilities, languages, religions, and cultures.



Who's who?



Volunteer Guide



A Service of Gaston County Department of Health and Human Services

Adult and Aging Services Division

Hotline for the Abuse, Neglect or Exploitation of disabled adults

704 862-7575

Dear Volunteer:

Welcome to The Center! Whether you are at the Gastonia or Mt. Holly location I am certain that you will gain as much as you give.

By volunteering, you have chosen to share your time, talents and compassion with adults struggling with various disabling conditions. You are making a difference.

Let me thank you in advance for the hands that you will hold, the smiles that you will share and the laughter that you will bring. Again, on behalf of The Center's participants, their caregivers and our staff....welcome to the family.

Sincerely,

Peg Argent
Adult Services Coordinator
Gaston County DHHS

What can I expect as a volunteer?

To be matched to a volunteer position that is both worthwhile and challenging, with the freedom to use your skills and to develop new ones.

To be trusted with confidential information that will help you carry out your assignment.

To receive orientation, training and supervision for the position you accept and to know why you are asked to do a particular task.

To be kept informed through newsletters, telephone contacts and e-mail about special events and other ways you can help The Center.

That your gift of time and talents will be put to good use.

To get feedback about your contributions, so you can learn more about how your-

What is adult day care?

Adult day care helps to remedy issues many older adults face, by offering a place to go every day while receiving supervision, nutritious meals, mental and physical stimulation, and companionship.

Program participants:

- Maintain independence levels
- Experience social engagement with others
- Keep physical abilities intact
- Receive needed supervision
- Have enhanced quality of life

Caregivers:

- Extend the time a loved one remains at home
- Reduce personal anxiety, guilt and worry
- Continue to maintain employment
- Reduce stress and get much needed relief from caregiving responsibilities

Adult day care is a less expensive option than in-home care or long term care facilities.

Do you know someone who may benefit from adult day care services?

Enrollment begins by contacting our intake staff at 704 862-7540

Our locations

We have two locations in Gaston County. Our original location is 900 Roberts Drive on the campus of the historic Orthopedic Hospital.

The Mt. Holly location is conveniently located at 1122 S. Main Street near Hwy 27 and just minutes from I-85.

Need to reach us?

Gastonia 704-866-3677

Mt. Holly 704-827-9148